



UDAAN

Club Buttetin

Volume 5, October 2023



Rotary Club of Mulund Hills

#cmulundhills Mulund hills



October is Economic & Community Development Month



CREATE HOPE
in the WORLD



Rtn. Gordon R. McInally
RI President

Rtn. Arun Bhargava
Dist. Governor

Rtn. Chander Kant Suri
Club President

Rtn. Varsha Kolhatkar
Club Secretary

Rtn. Sharat Jain
Bulletin Editor

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www.rcmulundhills.rotaryindia.org



SECRETARIAL REPORT

Rtn Varsha Kolhatkar

PROGRAMMES DURING OCTOBER 2023

Date	Programme	Chief Guest	Place	Topic	Host	No. of Participants							
						Rotarians	Chief Guest	Anns	Annets	Rotractors	Guests	Other Rotarians	Total
Oct 6, 2023	Club Meeting	Dr Anjali Israni	Hotel Sitara	Cataract and Lasik Surgery	-	24	1	-	-	-	1	-	26
Oct 13, 2023	Club Meeting	Dr Rahul Manek	Hotel Sitara	CPR Techniques	-	25	1	-	-	-	-	-	26
Oct 20, 2023	Club Meeting	Rupesh Pawar	Hotel Sitara	My Experience of Jagriti Yatra	-	16	1	-	1	1	-	-	19
Oct 27, 2023	Club Meeting/ Family Meet	Garba Celebration at Kishore Shah's Residence	Lodha Aristo, Thane	Garba Night	Kishore Shah	23	-	-	-	-	-	-	23

PROJECTS DURING OCTOBER 2023

Date	Project	Place	Category	Particulars	No. of Participants							
					Rotarians	Anns	Annets	Rotractors	Guests/Visitors	Other Rotarians	Total	
Oct 8, 2023	Rotary Fireside Meeting	Playce at Marathon Max, Mulund W	Community Service	Central Zone , District 3141 Jt Project	6	-	-	-	-	-	-	6
Oct 9, 2023	Dental Chek-up Camp	Omega School, Khindipada	Community Service	280 Students Checked Up	5	-	-	-	-	-	-	5
Oct 13, 2023	Annamitra Foundation	Iskcon, Juhu	Community Service	147 full academic year mid day meals	25	-	-	-	-	-	-	25
Oct 14, 2023	Annadan- Shree Raj Roti Centre	Jawahar Talkies, Mulund W	Community Service	115 Tiffins Distributed	3	-	1	2	-	-	-	6
Oct 20, 2023	Eye Check up Camp	Shrinagar Vidya Mandir, Thane	Community Service	515 Students and Teachers tested	4	-	-	-	-	-	-	4
Oct 25, 2023	Eye Surgery	Aastha Hospital	Community Service	Jayashri Joshi's right eye operated	2	-	-	-	-	-	-	2
Oct 27, 2023	Garba Night	Lodha Aristo, Thane	Club Service	Garba Celebration at Kishore Shah Residence	30	22	7	4	4	-	-	72
Oct 28, 2023	Human Connections in Rotary	Fine Arts Society, Chembur	Community Service	Co Host - Networking cum Medical Project	3	-	-	-	-	-	-	3

BOARD OF DIRECTORS MEETING OCTOBER 2023

Date	Programme	Place	Host	No. of Participants		
				Directors	Invitees	Total
October 18, 2023	4th Board of Directors Meeting	Hotel Atithi	T S Naresh	9	1	10



ROTARY CLUB PRESIDENT'S MESSAGE

Rtn Chander Kant Suri

Dear Rotarians,

As we step into the crisp embrace of November, I am honoured to address you as the President of our esteemed Rotary Club. This month marks a period of reflection, gratitude, and service—a time when we come together as a community to make a positive impact on the lives of those around us.

Firstly, let us express our heartfelt appreciation for the incredible success of our recent community projects in the month of October. We had Dental Check-up and Eye Check-up Camps for students. We had Aandaan during Pitru Paksha through Aanamrita Foundation and Shree Raj Roti Centre. We also had two very important meetings i.e, Rotary Fireside Meeting and Human Connection in Rotary.

The festival season in October started with Navratri and Dussehra and we had a Garba night hosted by Rtn Kishore Shah at his building's Club house and well attended by 72 Rotarians/Anns/Annets/ Guests and Rotaracts. It was the Charter night of Rotaract Club of Mulund Hills also celebrated jointly.

The festive mood will continue in November as Rtn Dr Anoop Gupta will be hosting Diwali Celebration at his residence. There are important meetings, like Pre OCV and Club Assembly, planned.

November is the Rotary Foundation Month. I appeal to everyone to Contribute towards TRF so that in the OCV on December 1, 2023 our Club present a respectable figure of our Contribution.

This month, we have the chance to renew our commitment to Rotary's ideals and to inspire others to join us in our mission. As we gather for our meetings, let us share stories of impact, celebrate our successes, and ignite the passion for service in every member.

In the spirit of collaboration, I encourage everyone to share their ideas for innovative projects and initiatives. Our Rotary Club is a vibrant community where every voice matters. Your unique perspectives and insights can spark creativity and pave the way for transformative change.

Thank you for your dedication, your passion, and your unwavering commitment to Rotary's ideals. I am honoured to serve alongside each and every one of you.

Wishing you a November filled with warmth, gratitude, and the joy of service.

ज़िन्दगी बस एक हसीन ख़्वाब है, दिल में जीने की चाहत होनी चाहिये, ग़म खुद ही खुशी में बदल जायेंगे, सिर्फ़ मुस्कुराने की आदत होनी चाहिये।

Rtn Chander Kant Suri
President 2023-24



EDITOR'S MESSAGE

Rtn Sharat Jain

Dear Readers,

October in Rotary is Economic & Community Development Month. But alas, the world wide conflicts are resulting into warfare of unprecedented nature. Only a few countries are developing economically and luckily we are one of them.

Festival season is already on us since September and in October Navratri was one of the many occasions for Rotarians to indulge into fellowship. The club's Garba Night was sponsored by Rtn Kishore Shah at the club house of his residential society and was the highlight of the month. Selected photos from the same are finding place in this bulletin.

Down memory lane this time has one of our past presidents, Rtn Vivek Bhagwat, who is a Charter member and has meticulously saved the photos of his year under his president-ship in 1994-95.

Photos sent by members are also part of this bulletin.

Other club activities, programmes and projects are presented as usual.

I once again request all the Members and Anns to provide articles, photos and anecdotes for the bulletin.

May the festival of lights Diwali bring peace and prosperity to all the members and their families,

Rtn Sharat Jain

THROUGH THE LENS OF MEMBERS



Rtn C K Suri at Switzerland

Rtn C K Suri at Hungary



Sandeep Dikshit with family at Nainital Lake in 2015.



Dr Shubhda & Rtn Dr Anoop Gupta



Rtn Chandrakant Parle and Family at Ooty



Ann Madhavi & Rtn Vijay Wadagbalkar at Jalianwala bag

DOWN MEMORY LANE



President Rtn Vivek Bhagwat -
Rotary Year 1994-95

A Successful Rotary Fireside Meeting : Fostering Fellowship and Inspiration

Introduction:

Rotary Clubs around the world organize various meetings and events to further their mission of service, fellowship, and community engagement. Among these, the Rotary Fireside Meeting is a cherished tradition. This write-up discusses the successful completion of a recent Rotary Fireside Meeting, highlighting its importance, structure, and outcomes.

The Significance of Rotary Fireside Meetings:

Rotary Fireside Meetings are an essential part of Rotary's commitment to building fellowship and inspiring members. These gatherings are typically held in a more relaxed and intimate setting compared to regular club meetings, allowing members to connect on a deeper level, share personal and professional experiences, and discuss the organization's objectives.



Structure of a Successful Rotary Fireside Meeting:

1. Planning and Venue Selection:

The first step in ensuring a successful Fireside Meeting is careful planning. The host Rotarian selects an appropriate venue, often a member's home, restaurant, or community space, to create a welcoming and comfortable atmosphere.

2. Guest Speaker or Theme:

To provide inspiration and spark meaningful discussions, a guest speaker may be invited, or a specific theme may be chosen for the evening's discussions.

3. Interactive Discussions:

The meeting begins with an opening address, followed by structured discussions or an open forum where members share their experiences and ideas. This encourages meaningful conversations and strengthens the Rotary community's bonds.

4. Fellowship and Networking:

One of the key aspects of Fireside Meetings is the opportunity for members to interact socially. This often includes a meal, refreshments, or other activities that promote fellowship among participants.

Outcomes of a Successful Rotary Fireside Meeting:

1. Strengthened Camaraderie:

Fireside Meetings strengthen the camaraderie among Rotary Club members. These personal connections often translate into more effective collaboration on community service projects and fundraising initiatives.

2. Enhanced Engagement:

The inspirational and thought-provoking discussions at Fireside Meetings inspire members to become more engaged in Rotary's service activities and initiatives.

3. Personal and Professional Growth:

Through sharing experiences and insights, members may learn from one another, fostering personal and professional growth.

4. Building the Rotary Spirit:

Successful Fireside Meetings help reinforce the core values of Rotary, including the commitment to "Service Above Self" and the promotion of goodwill and peace.

Conclusion:

The successful completion of a Rotary Fireside Meeting is not just a gathering; it's a celebration of fellowship, inspiration, and the shared commitment to making the world a better place. These meetings are a testament to Rotary's enduring dedication to service and the power of connection among its members. Each Fireside Meeting contributes to the Rotary legacy of promoting positive change in communities worldwide.

Rtn Shripal Daftary

PROGRAMMES OF THE MONTH



6-10-2023, Club Meeting at Hotel Sitara, Mulund W. Guest speaker Dr Anjali Israni on Cataract & Lasik Surgery



13-10-2023, Club Meeting at Hotel Sitara, Mulund W. Guest Speaker Dr Rahul Manek on CPR Techniques

PROGRAMMES OF THE MONTH



20-10-2023
 Club Meeting at Hotel Sitara, Mulund W.
 Guest Speakers Rupesh Pawar &
 Saurabh Dwivedi on their experiences
 of Jagriti Yatra



27-10-2023, Club Meeting at Lodha Aristo Club House, Thane followed by Garba Night.
 Host Rtn Kishore Shah

PROGRAMMES OF THE MONTH



18-10-2023, 4th Board of Directors Meeting at Hotel Atithi.
Host Rtn Naresh Seetharaman Thatti.

PROJECTS OF THE MONTH



8-10-2023

Central Zone of District 3141 organised a
Joint Fireside Meeting at Playce, Marathon Max,
Mulund W. 6 members from our club attended

PROJECTS OF THE MONTH



9-10-2023, Dental Checkup at Omega School Khindipada by Rtn Dr Heena Baldota & Dr Nimitt Baldota. 280 students checked up



13-10-2023, Mid Day Meal Project with Annamitra Foundation. Club Contributed 147 students' mid day meal for 1 Academic year



14-10-2023, Annadaan Project with Shri Raj Roti Centre at Jawahar Talkies Compound, Mulund W. 115 tiffins distributed

PROJECTS OF THE MONTH



20-10-2023

Eye Check up Camp at Shrinagar Vidyamandir, Thane. 515 students and teachers checked up. Spects distribution to follow



25-10-2023

Eye Surgery of Jayshri Joshi at Aastha Hospital, Mulund W



28-10-2023

Human Connections in Rotary. RCMH Co hosted the project at Fine Arts Society, Chembur and was attended by President, Secretary and IPP

PROJECTS OF THE MONTH



27-10-2023

Garba Night Celebration at Lodha Aristo Club House, Thane.
Sponsor Rtn Kishore Shah & Family

Happy Birthday

<u>DATE</u>	<u>NAME</u>	<u>DATE</u>	<u>NAME</u>
2nd Nov	Annet Amyra & Annet Arham Baldota	16th Nov	Rtn. Ravindrakumar Machhiya
3rd Nov	Annet. Pratiksha Dharendra Patil	17th Nov	Rtn. Rajnikant Parikh
4th Nov	Annet. Rushikesh Tambe	23rd Nov	Annet. Sagar S Sengupta
9th Nov	Annet. Neenu RBS Mahal	24th Nov	Annet. Sidharth S Sengupta
11th Nov	Annet. Anuj Vinod Chaube	24th Nov	Annet. Shruti Pravin Loke
13th Nov	Rtn. Ajay Parikh	26th Nov	Rtn. Gopalji Jha
13th Nov	Ann. Suman Vinay Sachdeva	27th Nov	Annet. Gautam Gopalji Jha
14th Nov	Rtn. Kishore Shah		

Happy Anniversary

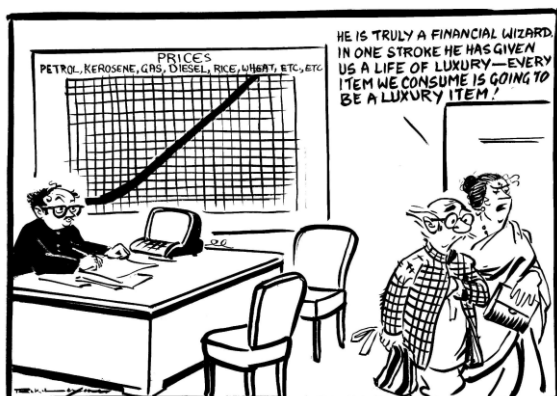
<u>DATE</u>	<u>NAME</u>	<u>DATE</u>	<u>NAME</u>
9th Nov	Ann Sampada and Sandeep Dixit	25th Nov	Rtn Dr. Heena & Ann Dr. Nimitt Baldota
14th Nov	Ann. Preeti & Rtn. Harikishin Sharma	27th Nov	Ann. Dr. Shubhada & Rtn. Dr. Anoop Gupta
18th Nov	Ann.Poonam & Rtn. Satish Soni	29th Nov	Ann. Savita & Rtn. Sanjay Dwivedi
19th Nov	Ann. Saloni & Rtn. Vijay Narula		
24th Nov	Ann. Kavita & Rtn Pankaj Aggarwal		

PROGRAMMES IN NOVEMBER 2023

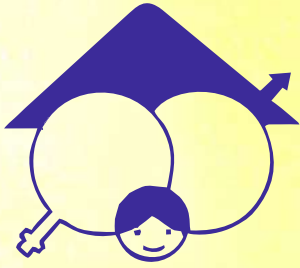
DATE	PROGRAMME	CHIEF GUEST	TOPIC
Nov 3, 2023	Club Meeting	Yet to be decided	-
Nov 10, 2023	Club Meeting	Host is Rtn Dr Anoop Gupta	Diwali Celebration
Nov 17, 2023	Club Meeting	AG Rtn Sachin Shigwan	Pre OCV
Nov 24, 2023	Club Meeting	Club Assembly	Nominations for 24-25

PROJECTS OF NOVEMBER 2023

DATE	PROJECTS	PARTICULARS	PLACE
Nov 5, 2023	Chess Competition	By Blind Students	Arya Samaj, Mulund West
Nov 8, 2023	Distribution of Spectacles	Donated by Rtn Adv Harkishin Sharma	Shreenagar Vidyamandir, Thane
Nov 11, 2023	Diwali Celebration	Hosted by Rtn Dr Anoop Gupta	Rtn Dr Anoop residence
Nov 15, 2023	Eye Surgery	of Noorjahan Tivrekar	Aastha Hospital, Mulund W
Nov, 2023	Paediatric Heart Surgeries	-	Jupiter Hospital, Thane
Nov, 2023	Career Guidance Workshop	-	DAV College, Bhandup E



With best compliments from Dr Gupta



DR GUPTA'S AMRUTA FERTILITY CLINIC

One stop solution to

- Gynaecology consultation
- Infertility counselling of both Female and Male partners
- Teenage support
- Menopause Clinic
- Endocrinology/ Hormone Clinic
- Sexual counselling to both Male and Female Sexual Problems
- Pre-pregnancy and Pregnancy management
- Endoscopy / key hole surgery
- All Major and Minor Surgeries
- Early detection of Genital Cancers
- Cancer prevention and HPV Vaccine
- In-house Sonography
- In-house Laboratory
- Facility to operate at Fortis Hospital as we both are Consultants there.



Mob: 7021356906, 022-79628074

Clinic: Amruta Fertility Clinic, Marathon Max 121, 108, 109,
above Kotak Mahindra bank, LBS Marg, Sonapur Signal, Mulund West.

